



THE BLOOM PROJECT

14-DAY
PURPOSE
JOURNAL

WELCOME TO THE 14-DAY PURPOSE JOURNAL!

I stayed up most of the night working on the manual for this course. However, I wasn't asking, "Why me?!" I didn't wonder to myself why I even offered this course or how I could weasel my way out of it.. I was focused and exhilarated! I have had to cut down massive amounts of information to the few ideas presented here because that's just how much knowledge God has given me about this subject over my lifetime.



After decades of frustration, I am finally walking in my purpose! It's taken a lot of time and mind-shifting but I can understand now why the process was so grueling! It's because I wasn't just making the journey for myself. I was making the journey for the 100,000 people that God will help me to 'emancipate' over the next 10 years, should the Lord not return, beforehand.

I know there is something that oozes from you in the same way. Something that comes to you naturally and that you would gladly immerse yourself in for the next 20 years without a single complaint. Life, duty, fear, unexpected tragedy...all sorts of things get in the way. What we will do over the next 14 days is cut a path through "the weeds" to get you to your anointed territory so you can live-out your purpose, as well.

Lala

PASTOR AUTHOR EMPOWERMENT COACH



14 - Day Purpose Project



VISION & MISSION

The vision of "The Bloom Movement" is to empower 100,000 women to identify, understand and employ their God-given purpose by the year 2030.



**You were created
to BLOOM!**

The mission of "The Bloom Movement" is, by using biblically-based principles, to inspire and equip women to boldly live-out overflowing magnificence.





GODLY DECISION-MAKING

HOW DO WE KNOW WHAT TO DO?

Many live in fear of displeasing God. We fear that if we make a wrong step, we will be outside of God's will, forever. This was never the way God intended for relationship between us to go. God is not who we have thought God is.

“For it will be like a man going on a journey, who called his servants and entrusted to them his property. To one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. Matt 25:14-30

1 Genesis 2:16,17

Freedom with limitations. You can eat freely of every tree EXCEPT the tree of the knowledge of good and evil. Eat of that one or touch it and you will surely die.

2 Exodus 20:1-19

Here is a stated "boundary". These 10 commandments represent the minimal limitations of those who want to live in fellowship with God.

3 Galatians 5:19-21

This is an expanded boundary list. With the commandments as a foundation. This constitutes the limitations of our freedom.

4 Matthew 22:36-14

Love is a boundary! Our decisions must be loving toward our ourselves and toward our neighbors. Is this a decision that honors myself and those around me?

5 Romans 14:22-23

Faith is a boundary! Our decisions must exhibit faith in God. Does this decision demonstrate that I believe that God exists and that God rewards those who diligently seek Him?

6 Philippians 4:8-9

Is it uplifting? As a believer, we are called to build-up, not to tear-down. Does this decision build yourself up and is it uplifting to others? Is it becoming of a person who "names the name of Christ?"



FOR THE LORD IS SPIRIT AND WHERE THE SPIRIT OF THE LORD IS, THERE IS FREEDOM!

2 CORINTHIANS 3:17

WHERE ARE YOU?

IDENTITY

PURPOSE

DESTINY



01

IDENTITY

"WHO AM I? This is the question of personal make-up, likes, dislikes and personality.

02

SOURCE

WHERE AM I FROM? This is a question of origins. This is where people want to understand their family lineage and are exploring belonging.

03

PURPOSE

WHY AM I HERE? This is the question of what reason a person has been created and what outcomes they are uniquely designed to provide.

04

POTENTIAL

WHAT CAN I DO? This is where a person wants to understand their capacity. What and how much can they accomplish and what heights can they achieve.

05

DESTINY

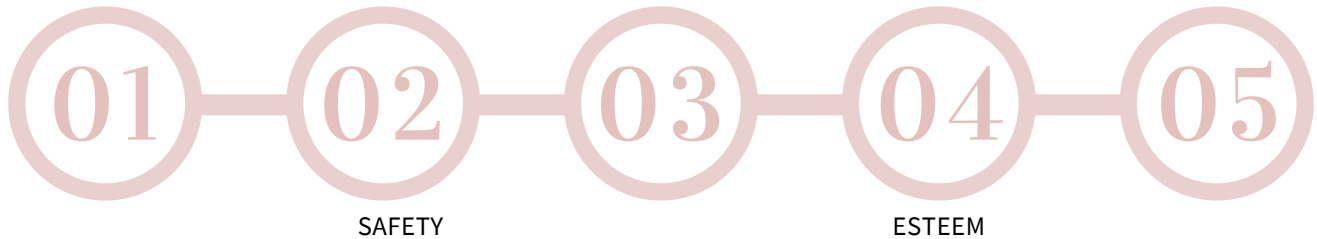
WHERE AM I GOING? This is a guiding question. What should be the ultimate outcome of the activity and effort expended in life.

WHAT DO YOU NEED?

PHYSIOLOGICAL

BELONGING

SELF-
ACTUALIZATION



01

PHYSIOLOGICAL NEEDS

These are your basic needs such as food, water, warmth and rest.

02

SAFETY NEEDS

These are concerns around your wellbeing and security.

03

BELONGINGNESS AND LOVE NEEDS

This is our need for fulfilling intimate relationships and great friendships

04

ESTEEM NEEDS:

This is the human need for prestige and the feeling of accomplishment

05

SELF-ACTUALIZATION

This is the need to achieve one's full potential, including creative activities.

Day 1

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: Proverbs 29:18

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



NOTES

Day 2

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: JAMES 1: 5-6

TODAY'S TEXT

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



NOTES

Day 3

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: PSALM 16:11

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 4

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: JEREMIAH 29:11

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 5

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: EPHESIANS 2:10

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 6

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: EPHESIANS 3:20

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



NOTES

Day 7

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: PHILIPPIANS 2:13

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 8

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: HABAKKUK 2:2

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 9

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: ROMANS 8:28

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 10

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: PROVERBS 19:21

TODAY'S TEXT

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 11

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: PSALM 33:11

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 12

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: ISAIAH 46:10

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 13

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: 2 TIMOTHY 1:6

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Day 14

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: ACTS 13:36

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



Bonus Day 15

HERE'S A SPACE TO JOT DOWN THE YUMMY NUGGETS YOU RECEIVE FROM
YOUR PERSONAL DEVOTIONAL TIME

FOCUS SCRIPTURE: Deuteronomy 8:18

TODAY'S TEXT:

I HEAR GOD SAYING:

AN IDEA THAT CAME TO MIND:

MY PRAYER:



GOALS

GOAL

ACTION STEPS

1.

2.

3.

GOAL

ACTION STEPS

1.

2.

3.

GOAL

ACTION STEPS

1.

2.

3.

MY WEEK

SUN

DATE:

MON

PRIORITIES

TUE

TO DO

WED

THU

FRI

SAT

MY DAY

GOALS

DATE:

5

6

7

8

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10

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12

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14

15

16

17

18

19

20

21

22

23

24

TO DO



PRIORITY MATRIX

	URGENT	NOT URGENT
IMPORTANT	<p>DO it today</p> <p>■ _____</p> <p>■ _____</p> <p>■ _____</p>	<p>SCHEDULE a time to do it</p> <p>■ _____</p> <p>■ _____</p> <p>■ _____</p>
NOT IMPORTANT	<p>DELEGATE it</p> <p>■ _____</p> <p>■ _____</p> <p>■ _____</p>	<p>ELIMINATE it</p> <p>■ _____</p> <p>■ _____</p> <p>■ _____</p>



To thine own
self, be true!
-Shakespeare

A word...

I grew up in a tough environment. My parents were challenged on multiple fronts and that created a space where it was difficult to live "on purpose". Survival trumped "passion" at every turn. This atmosphere led me to believe that "survival" was my purpose. For a long time, I just counted it a blessing to make it from one day to the next with basic necessities cared for.

It wasn't long before I noticed an unmistakable void in my heart. I attempted to fill it with religion, relationships, recognitions but none of it could mask the fact that something was missing. I began asking God to "show me what I was created to do!" Looking back at my journals, I asked some variation of that question no less than 10,000 times. "Lord, just show me!!!"

The process of recognizing my purpose was a long one, but could have been MUCH shorter. I say this because, looking back, my "purpose" had been staring me in the face, the whole time! The issue wasn't that my purpose hadn't been revealed. The issue was all of the life stuff that diminished my capacity to see it! I couldn't celebrate or create hallmarks, properly, because I was embroiled in LIFE!

Our partnership, over the 14-Day Purpose Project will be to pull the curtain back on life long enough to help you to see what's been lurking in the shadows of circumstance, all along.



THANK YOU!



Perhaps you 'd like to connect and go through my specialized course for people like you wanting to truly live-out your purpose. Take a moment to visit www.BloomWithLola.Com to see if our upcoming "Purpose Project" is a good fit for you!

Lola

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